

Pauline Tait
Novelist & Children's Author



A story of love, passion, family, and control.

A Life of Their own is a story of hope and inspiration for anyone suffering from domestic violence. Follow Kate, both emotionally and physically, as she flees an abusive marriage with her two young children.



"Tait has created a real page-turner and shown herself to be a successful adult fiction novelist." The Courier

"It was a beautifully written novel by an extremely talented writer. Excellent character depiction, plus an exciting storyline make for a roaring success. Highly recommended." Reader Review

While writing A Life of Their Own, it was essential to me that the setting, the surrounding landscape, the senses and emotions the countryside stirred, were truly authentic to the state of Colorado.

This was also the case for the topic of this novel.

My research for this novel was harrowing at times but, again, it was essential that the emotions and fears I brought to this novel were authentic and credible. It would have been an insult to everyone who had found the strength to tell their story, otherwise.

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